



MASS BAY GIRLS LACROSSE LEAGUE RULES

Umpires are reminded about the following MBGLL-specific rules

Field Preparation

No scoreboards are allowed. Spectators, including parents, must sit on the opposite side of the field from players and are not permitted to coach from that sideline.

Time Outs/Clock/Restart Rules

Each team is allowed one 2-minute time out per half. The clock is stopped during time outs.

The clock does not stop for whistles in the final two minutes of either half.

Coaches will notify umpire if there is a four-goal differential and the team with fewer goals chooses to take the ball instead of setting up a draw.

Three Pass Rule

No player may shoot until their team has attempted or completed three passes. (Minor Foul)

1. The keeper clear is counted as one pass. If the ball is played back to the keeper the pass count is reset to one.
2. A pass or attempt is counted when the receiver gains control of the ball (not when the passer throws it).
3. If a team loses the ball in their attacking half but recovers before the ball crosses into their defensive half then they retain any accumulated shot count.
4. The umpire (and not the coaches) are responsible for audibly counting pass completions. Avoid saying “you may shoot” or “go to goal”. Simply say “you have three passes”.

Zero Tolerance

MBGLL has zero tolerance for misconduct of players, coaches or followers (spectators). A team follower’s misconduct may result in a yellow or red card assessed to the coach. MBGLL defines misconduct as any action taken by an individual that interferes with the safety and/or sportsmanship of the game, including verbal comments to umpires, players or coaches. Penalties assessed for misconduct must be reported to the MBGLL Umpire/Rules/Competition Director.



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Umpires are reminded about the following US Lacrosse Youth Rules

Field Players

Level A (Grades 7/8) and Level B (Grades 5/6) play with eleven field players and one goalkeeper.

Level C (Grades 3/4 and Grades 1/2) play with seven field players plus one optional goalkeeper.

Field Size

Level C play on a small field (approximately 50 yards by 25 yards).

Checking

No checking for Level B or Level C (Major Foul). Modified checking only for Level A (Major Foul)

Defensive 3-Seconds

No holding the ball for more than 3 seconds when closely guarded/marked and the defense has both hands on her stick and is in position to legally check were checking allowed. (All levels, Minor Foul)

Duration of Play

Levels A and B play 25-minutes running time per half. Level C plays 20-minutes running time per half

Definition of "Pass"

A "pass" is an exchange of the ball through the air from one teammate's crosse to another.

NOTE: Umpires are encouraged to use their judgment in determining what is a legitimate pass in each game setting.

Sideline Manager

Each team (home and away) will provide a sideline manager whose duty shall be to control effectively the actions of spectators not in conformity with the standards of proper conduct.